Merriwa Central School



Valuing individual potential – achieving personal best

Payment on Line Reference: Secondary Excursion bus

13 November, 2020

Dear Parents/Caregivers

An excursion has been planned for Yrs 7-9 girls to Girls Rugby League Gala Day at Lakeside Sporting Complex, Raymond Terrace on Tuesday 24 November, 2020 to supplement the work being done in the class in which your son/daughter participates.

Travel will be by bus, leaving Merriwa Central School at 6.45am and returning by 4.30pm. Alternative transport should be organised if your child catches a school bus. Any changes throughout the day will be communicated via the Skoolbag App or Facebook. The cost of the excursion is \$10.00.

Full school sports uniform is to be worn. Slides and out of uniform hats are not permitted. Hot food will NOT be available on the day, and due to COVID-19 restrictions, students will be required to bring their OWN water bottle.

In order to participate, students MUST wear a mouthguard. Students will not be allowed to take the field unless they have one. Mouthguards can be purchased from the pharmacy from \$11.99 (level 1). Due to demand, it is best to order these early. Headgear and shoulder pads are also strongly advised.

This gala day will be full contact. Due to the nature of the sport, training sessions will be run prior to the excursion, where students will learn the fundamentals of rugby league, especially tackling in a controlled environment. Students will require mouthguards and their sports shirts in order to participate in contact training. Training will be during Tuesday and Thursday lunch breaks and if needed, during sport. Due to NRL's COVID safe plan, spectators are not permitted. If your child is unwell leading up to the carnival, they cannot attend.

Please sign the consent form attached and return with medical information form and money to school by **Wednesday 18 November, 2020.**

The group will be supervised by Mr Vaughan. For further details contact the teacher coordinating the excursion.

Darren Noonan

Principal

Lachlan Vaughan Teacher in charge of excursion

Merriwa Central School



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Rugby League Consent Form

Details of Coaches

NAME OF COACH	QUALIFICATIONS AND EXPERIENCE		
Lachlan Vaughan	First Aid League Safe Accreditation 12 Years Rugby experience		
Principal's signature:	Date:		
	PERMISSION TO PLAY RUGBY LEAGUE		
The Principal Merriwa Central School			
give permission for my child:(Full name)			
to play rugby league as pa is selected to play in trials that I will be notified and m	rt of the intra and inter-school sport program of the school. If my child and representative games at the zone and area level, I understand by permission sought.		
understand that there wil	fforts made by the school to minimise the possibility of injury, I remain some degree of risk inherent in participation in what is sport. I understand that the wearing of a correctly fitted mouthguard and training sessions.		
Under no circumstances sh	nould my child be allowed to play/trial in the following positions:		
Parent or Caregivers Name	e:(Please Print)		
Signature of Parent/Caregi	ver: Date:		

Please return		
×		chool
	Girls Rugby League Gala Day	Excursion Consent Form
I hereby consent to Girls Rugby League Tuesday 24 Novemb		participating in the e Sporting Complex, Raymond Terrace on
	ivel will be by bus leaving schoo is \$10.00 to be paid to the office	ol at 7.00am and returning at 4.30pm. The e.
relevant medical def		ease provide full details and include any I understand se of an emergency.
Please return this fo 2020.	orm with medical information form	m and \$10.00 to school by 18 November,
Student Medicare Nu	umber:	
☐ I have made an o☐ Payment attached		er is:
Students roll class: _		
Signature of Parent/0	Caregiver:	